



## OUR *Clean & Safe Media* PLEDGE

As a family, we commit to making clean and safe media choices in order to maintain our integrity to gospel standards and to keep our home a happy and healthy place to be.

### *We will do this by*

1. Selecting books, Web sites, music, magazines, activities, and/or movies that are in harmony with our family values and that will invite the companionship of the Holy Ghost.
2. Being kind to ourselves and to others by not posting or forwarding anything that could cause hurt, embarrassment, or offense. If we receive a text or e-mail that makes us feel uncomfortable, sad, or scared, we will tell a parent right away.
3. Showing respect for our body and others' bodies by not looking at or posting nude or immodest images. If we accidentally come across something inappropriate, we will tell a parent right away.
4. Protecting identifying information by not posting phone numbers, addresses, or personal information in places where they can be seen by strangers. If we are unsure, we will ask a parent before posting personal information.
5. Never meeting up with someone we have met online unless a parent knows exactly where we are and someone accompanies us.
6. Limiting our media use when it is late at night or we are home alone.

Signatures:

Date: